

## ADSHQ

**INSTRUCTIONS:** Take the time to read the following statements carefully and indicate how strongly you agree or disagree with each one. Please answer by circling the appropriate number using the scale below.

	1	2	3	4
	Strongly Disagree	Disagree	Agree	Strongly Agree
1. Overall, I am satisfied with the control I have in dealing with deliberate self harm patients in my unit .....	1	2	3	4
2. There is really no way I can help solve some of the problems the deliberate self harm patient has .....	1	2	3	4
3. Sometimes I feel that I'm being used by deliberate self harm patients .....	1	2	3	4
4. There is little I can do to help deliberate self harm patients change many of the events that take place in their lives .....	1	2	3	4
5. I often feel helpless in dealing with the problems that deliberate self harm patients have .....	1	2	3	4
6. Sometimes I feel that I'm being used by the hospital system .....	1	2	3	4
7. What happens to me in this job mostly depends on me .....	1	2	3	4
8. I feel useful when working with deliberate self harm patients .....	1	2	3	4
9. The way the hospital system works effectively encourages repetition of deliberate self harm behaviour .....	1	2	3	4
10. I feel as though I have the appropriate knowledge in first aid skills to help deliberate self harm patients .....	1	2	3	4
11. Self harm patients just clog up the system .....	1	2	3	4
12. Knowledge of referral sources is important when dealing with deliberate self harm patients .....	1	2	3	4
13. Assessing risk of future deliberate self harm is an important skill for me to have .....	1	2	3	4
14. Dealing with self harm patients is a waste of the health care professional's time .....	1	2	3	4
15. I deal effectively with deliberate self harm patients .....	1	2	3	4

**cont'd...**

	<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>
	<b>Strongly Disagree</b>	<b>Disagree</b>	<b>Agree</b>	<b>Strongly Agree</b>
16. The hospital system impedes my ability to work effectively with deliberate self harm patients .....	1	2	3	4
17. Patients who deliberately self harm have been hurt and damaged in the past ..	1	2	3	4
18. When a patient presents again with deliberate self harm, I actively use actions calculated to discourage her or him from coming back .....	1	2	3	4
19. Ongoing education and training would be useful in helping me deal appropriately with deliberate self harm patients .....	1	2	3	4
20. Risk assessment is an important skill for me to have .....	1	2	3	4
21. Patients who deliberately self harm are just attention seekers .....	1	2	3	4
22. Sometimes, when all other actions have failed, I feel the need to go to extremes when dealing with deliberate self harm patients .....	1	2	3	4
23. I feel as though I have the appropriate knowledge in counselling skills to help deliberate self harm patients .....	1	2	3	4
24. Referral of deliberate self harm patients to external consultant services for further assessment or treatment is an effective course of action .....	1	2	3	4
25. Self harm patients are just using ineffective coping mechanisms .....	1	2	3	4
26. I feel as though I have the appropriate knowledge in communication skills to help deliberate self harm patients .....	1	2	3	4
27. I feel sorry for patients who deliberately self harm .....	1	2	3	4
28. Providing deliberate self harm patients information about community support groups is a good idea .....	1	2	3	4
29. Self harm patients are victims of some other social problems .....	1	2	3	4
30. Patients who deliberately self harm are in desperate need of help .....	1	2	3	4
31. The legal system impedes my ability to work effectively with deliberate self harm patients .....	1	2	3	4
32. I feel that patients who self-harm are treated less seriously by the medical staff than patients who present with serious medical problems .....	1	2	3	4
33. Sometimes people self harm because their cultural beliefs condone this practice when they are dealing with traumatic issues .....	1	2	3	4

Please move on to the next questionnaire